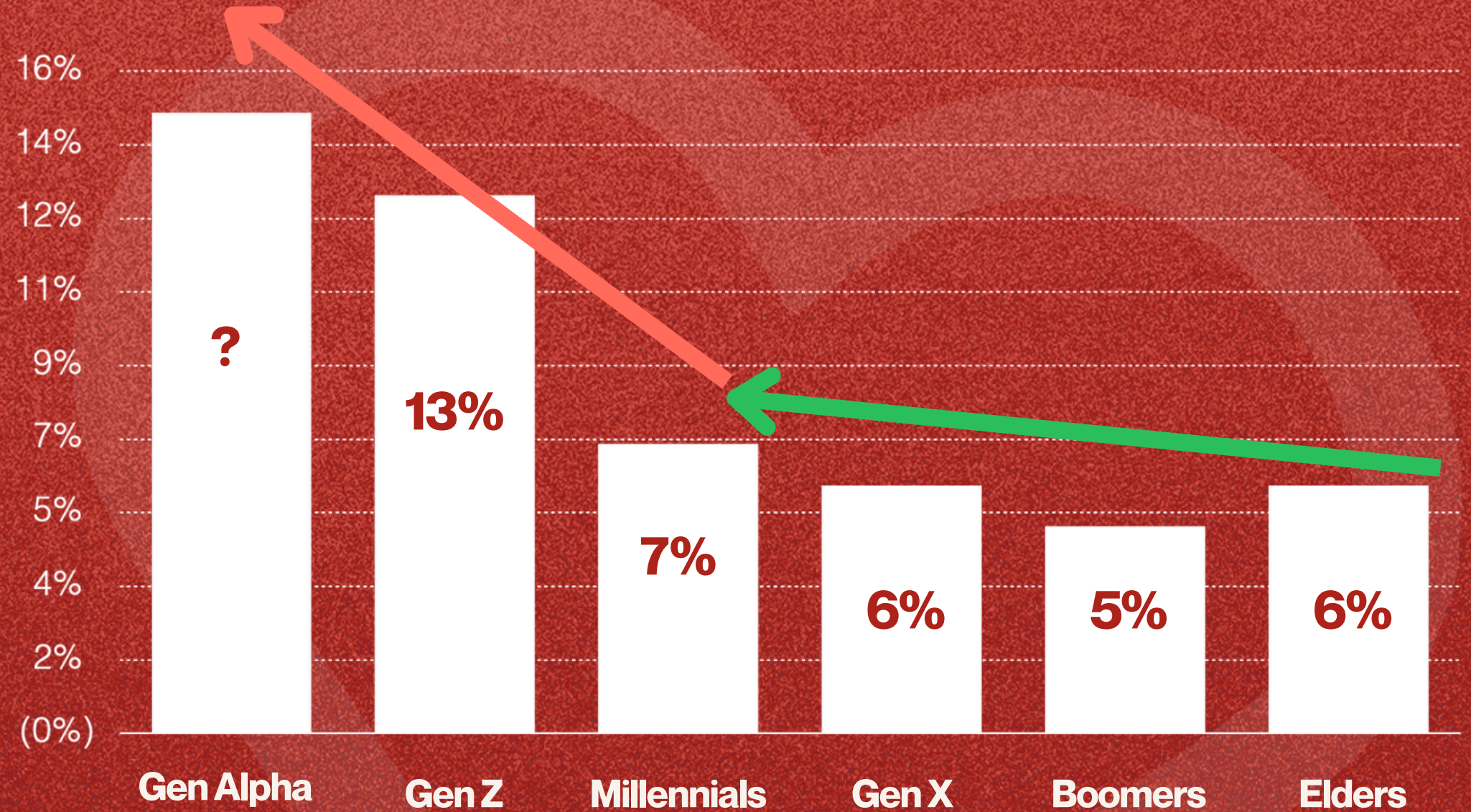




# Healthy *Hearts*

*Cultivate*

# 2018 Barna Study: Atheism Nearly Doubles in a Generation



Source: 2018 Barna

**1. Discipleship is usually not quick and easy. Think lifelong cultivation rather than thirty-day magic pills.**

**“My little children, of whom  
I travail in birth again until  
Christ be formed in you,”**

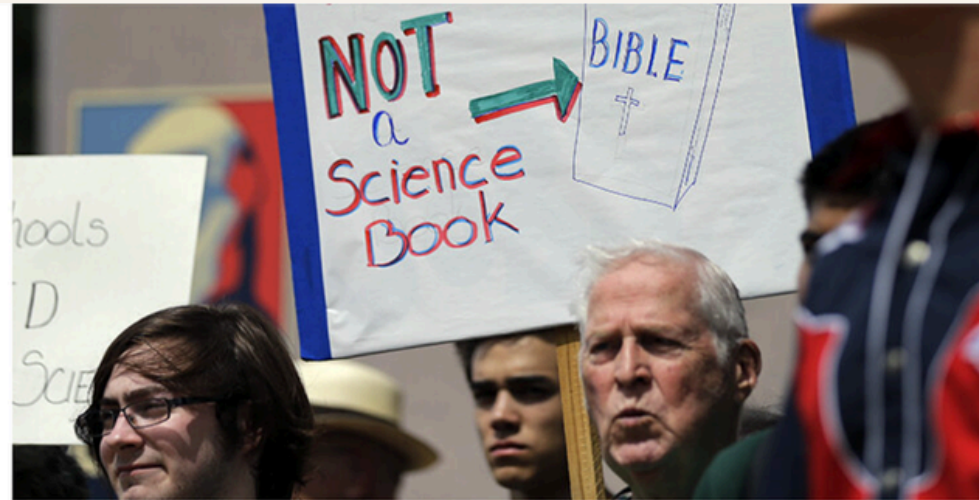
**Galatians 4:19 (NKJV)**

**1. Discipleship is usually not quick and easy. Think lifelong cultivation rather than thirty-day magic pills.**

**2. Discipleship is heart-first.**

## Mainline Methods:

- **More Facts**
- **Take on Science**
- **Out-debate the haters**



AP Photo/Eric Gay

In this Sept. 17, 2013, file photo, pro-science supporters rally prior to a State Board of Education public hearing on proposed new science standards in Texas. The Texas Board of Education is poised to tighten rules on who can serve on citizen review panels that scrutinize proposed textbooks, hoping to tamp down future controversies over the teaching of evolution and other issues.

### Bill Nye vs. Ken Ham: Should scientists bother debating creationism?



**“A fact is not a truth  
until you *love* it.”**

—John Keats, *British poet and philosopher*



- 1. Discipleship is usually not quick and easy. Think lifelong cultivation rather than thirty-day magic pills.**
- 2. Discipleship is heart-first.**
- 3. Healthy discipleship is holistic.**

**How do we ensure  
effective spiritual  
formation?**

# Discipleship Components

**Spiritual**

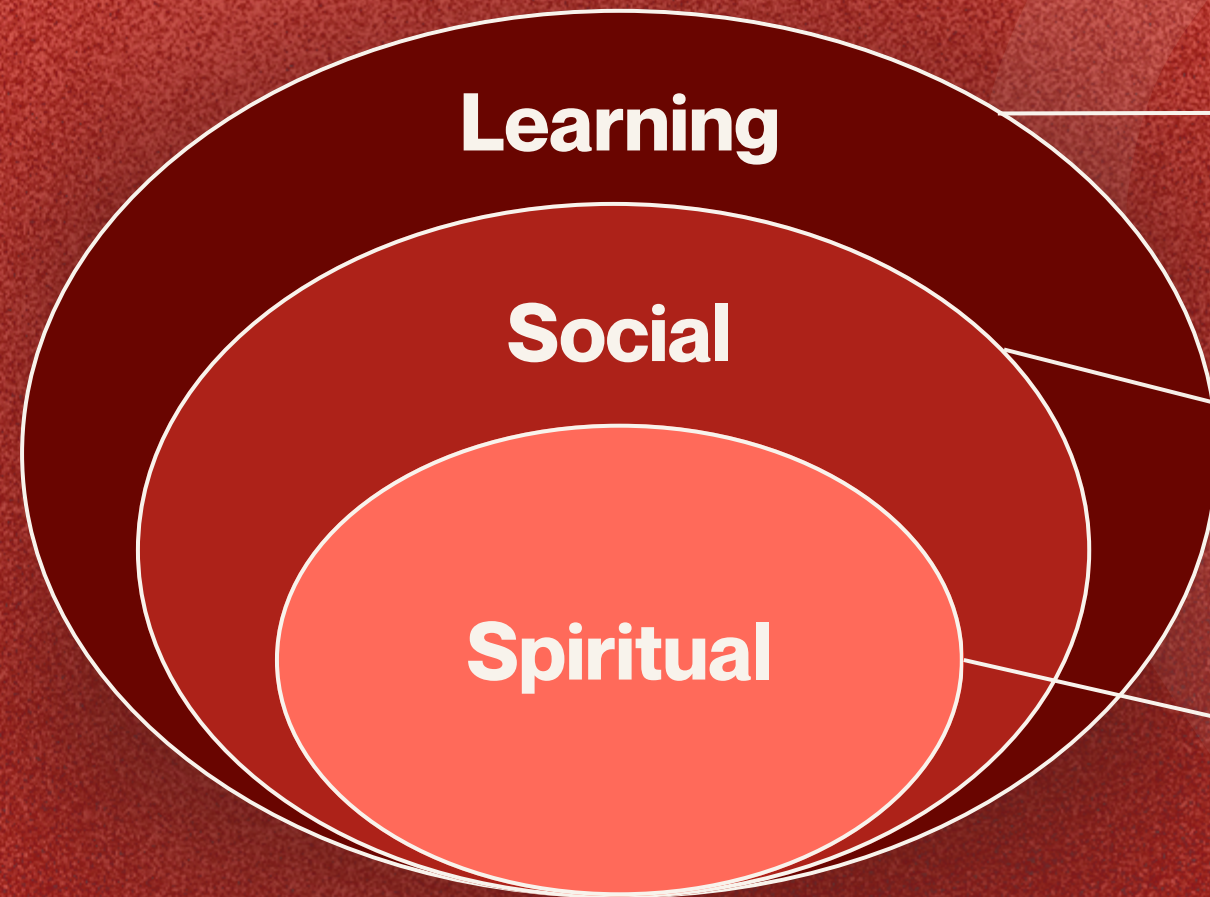
**Are we seeing conversions?  
What are we doing to push conversion?**

*Evangelism Tools, Bible Studies*

# Discipleship Components



# Discipleship Components



**Are people learning and living out Scripture?**

**What are we doing to help them apply it?**

*Elements, God's Word for Life*

**Are new people developing healthy relationships?**

**What are we doing to facilitate that?**

*Grow Through Groups*

**Are we seeing conversions?**

**What are we doing to push conversion?**

*Evangelism Tools, Bible Studies*

## Exercise: Let's Take Inventory

Circle the wagons with your group and take inventory of your ministry. How are you doing in each area for each demographic of the church? If you need to make any adjustments, what would that look like?

	New Believers	Children	Youth	Adults
Spiritual				
Social				
Learning				